



## Ayurveda is the science of life.....

This indigeneous traditional system has a hystorical evolution from sajes through ages. Eventhough it was successfull in dealing with entire healthcare problems of a great population like India, it was neglected during years of foreign rule. Now the goodness of Ayurveda is being rediscovered and well accepted around the globe.

The concept of Prakrithe came in to existance as a result of long cherished dream by Dr. Shafi Tashkent who has been practicing Murma & Panchakarma and researching for the last 27 years in traditional herbal medicines for cronic spinal disorders.

The secret of his success as a practitioner was nothing otherthan the rare manuscripts and traditional text books left with the demice of his grand father, the vaidya saint of those days.

Time and tide never wait....

Prakrithe now become one of the largest holistic ayurvedic treatment centers in South Kerala.

While holding on age old traditional ayurvedic principles, it also continues present age research and observations. Thus cures the patient and the disease completely.

Prakrithe ayurveda hospital is one of the leading ISO 9001-2008 certified treatment centre in Kerala. It has got its on GMP certified manufacturing unit. A panel of expert doctors experienced therapists, full fledged Panchakarma Theatres complete Bio-chemistry Lab, Tasty and treditional food. You will never feel Prakrithe as a hospital but shurely experience a homely atmosphere



**Dr. Shafi Tashkent**

Chief Physician and M.D., Prakrithe group